



# ESPOSITO'S KARATE FITNESS CENTER

## FALL SCHEDULE

September 9 – November 30, 2019

2019	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Adult &amp; Mom/Dad</b>	7:00 - 8:00pm (Adult)	7:00 - 8:00pm (Adult)	9:15 - 10:15am* (Moms)	7:00 - 8:00pm (Adult)		9:00 – 10:00am* (Moms & Dads)	
<b>Dynomite</b> (Ages 4½ - 7 yrs)	4:00 - 4:45pm	2:00 - 2:45pm ----- 3:00 - 3:45pm ----- 4:00 - 4:45pm	4:00 - 4:45pm	4:00 - 4:45pm	3:30 - 4:15pm	10:00 - 10:45am	
<b>Junior</b> White-Purple/Blue (Ages 7 - 14 yrs)	4:00 - 4:45pm ----- 5:00 - 5:45pm	3:00 - 3:45pm ----- 4:00 - 4:45pm ----- 5:00 - 5:45pm	4:00 - 4:45pm ----- 5:00 - 5:45pm	4:00 - 4:45pm ----- 5:00 - 5:45pm	3:30 - 4:15pm ----- 4:30 - 5:15pm	11:00 - 11:45am	
<b>Adv. Junior</b> Blue - Green (Ages 8 - 15 yrs)	5:00 - 5:45pm	5:00 - 5:45pm	5:00 - 5:45pm	5:00 - 5:45pm	4:30 - 5:15pm	12:00 - 12:50pm	Private Lessons Available [ 9am - 4pm ]
<b>Brown - Brown/Black</b>	6:00 - 6:50pm	6:00 - 6:50pm		6:00 - 6:50pm	5:30 - 6:15pm	1:00 - 1:50pm	
<b>Jr. Black</b>	7:00 - 8:00pm Sensei Dave	7:00 - 8:00pm Grandmaster		7:00 - 8:00pm Grandmaster	5:30 - 6:15pm	1:00 - 1:50pm	

230 Adams Street ▪ Newton, MA 022458 ▪ 617.965.1329

\* Separate from Adult Program

[www.EspositosKarate.com](http://www.EspositosKarate.com)

Minimum of 6 students per class.